

We source fresh produce from highly accredited growers from around the UK, helping them to bring their produce to market. Our relationships with growers further afield, outside of the UK, allow us to cater for our customer's complete needs, by guaranteeing year-round consistency and continuity.

Fruit

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apples: Bramley	+	+	+	+	+	+	+	+	+	+	+	+
Apples: Desert Various	+	+	+	+	+	+	+	+	+	+	+	+
Apples: Cox	+	+	+	+	+	+	+	+	+	+	+	+
Apples: Braeburn	+	+	+	+	+	+	+	+	+	+	+	+
Apples: Granny Smith	+	+	+	+	+	+	+	+	+	+	+	+
Apples: Red Delicious	+	+	+	+	+	+	+	+	+	+	+	+
Avocado	+	+	+	+	+	+	+	+	+	+	+	+
Apricots	+	+	+	+	+	+	+	+	+	+	+	+
Banana	+	+	+	+	+	+	+	+	+	+	+	+
Blackberries	+	+	+	+	+	+	+	+	+	+	+	+
Blueberries	+	+	+	+	+	+	+	+	+	+	+	+
Cherries	+	+	+	+	+	+	+	+	+	+	+	+
Clementines / Easy Peelers	+	+	+	+	+	+	+	+	+	+	+	+
Coconut	+	+	+	+	+	+	+	+	+	+	+	+
Cranberries	+	+	+	+	+	+	+	+	+	+	+	+
Gooseberries	+	+	+	+	+	+	+	+	+	+	+	+
Grapes: Green & Red	+	+	+	+	+	+	+	+	+	+	+	+
Grapefruit	+	+	+	+	+	+	+	+	+	+	+	+
Kiwi	+	+	+	+	+	+	+	+	+	+	+	+
Lemon	+	+	+	+	+	+	+	+	+	+	+	+
Lime	+	+	+	+	+	+	+	+	+	+	+	+
Mango	+	+	+	+	+	+	+	+	+	+	+	+
Melon: Various	+	+	+	+	+	+	+	+	+	+	+	+
Nectarines	+	+	+	+	+	+	+	+	+	+	+	+
Orange	+	+	+	+	+	+	+	+	+	+	+	+
Passion Fruit	+	+	+	+	+	+	+	+	+	+	+	+
Peaches	+	+	+	+	+	+	+	+	+	+	+	+
Pears: Comice: Various	+	+	+	+	+	+	+	+	+	+	+	+
Pears: Conference	+	+	+	+	+	+	+	+	+	+	+	+
Plums: Various	+	+	+	+	+	+	+	+	+	+	+	+
Raspberries	+	+	+	+	+	+	+	+	+	+	+	+
Redcurrants	+	+	+	+	+	+	+	+	+	+	+	+
Rhubarb: Forced	+	+	+	+	+	+	+	+	+	+	+	+
Rhubarb: Outdoor	+	+	+	+	+	+	+	+	+	+	+	+
Satsumas	+	+	+	+	+	+	+	+	+	+	+	+
Strawberries	+	+	+	+	+	+	+	+	+	+	+	+

Salad

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Celery	+	+	+	+	+	+	+	+	+	+	+	+
Chilli: Various	+	+	+	+	+	+	+	+	+	+	+	+
Cress	+	+	+	+	+	+	+	+	+	+	+	+
Cucumber	+	+	+	+	+	+	+	+	+	+	+	+
Herbs: Exotic	+	+	+	+	+	+	+	+	+	+	+	+
Herbs: Various	+	+	+	+	+	+	+	+	+	+	+	+
Lettuce: Cos	+	+	+	+	+	+	+	+	+	+	+	+
Lettuce: Iceberg	+	+	+	+	+	+	+	+	+	+	+	+
Lettuce: Little Gem	+	+	+	+	+	+	+	+	+	+	+	+
Lettuce: Mixed Leaf	+	+	+	+	+	+	+	+	+	+	+	+
Lettuce: Rocket	+	+	+	+	+	+	+	+	+	+	+	+
Lettuce: Spinach	+	+	+	+	+	+	+	+	+	+	+	+
Pak Choi	+	+	+	+	+	+	+	+	+	+	+	+
Peppers: Various	+	+	+	+	+	+	+	+	+	+	+	+
Radish	+	+	+	+	+	+	+	+	+	+	+	+
Spring Onions	+	+	+	+	+	+	+	+	+	+	+	+
Tomatoes: Classic	+	+	+	+	+	+	+	+	+	+	+	+
Tomatoes: Heritage	+	+	+	+	+	+	+	+	+	+	+	+
Tomatoes: Piccolo	+	+	+	+	+	+	+	+	+	+	+	+
Watercress	+	+	+	+	+	+	+	+	+	+	+	+

KEY:  IMPORTED  BRITISH  UNAVAILABLE

Vegetables

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Artichoke: Globe	+	+	+	+	+	+	+	+	+	+	+	+
Artichoke: Jerusalem	+	+	+	+	+	+	+	+	+	+	+	+
Aubergines	+	+	+	+	+	+	+	+	+	+	+	+
Asparagus	+	+	+	+	+	+	+	+	+	+	+	+
Baby Veg	+	+	+	+	+	+	+	+	+	+	+	+
Babycorn	+	+	+	+	+	+	+	+	+	+	+	+
Beans: Broad	+	+	+	+	+	+	+	+	+	+	+	+
Beans: Green	+	+	+	+	+	+	+	+	+	+	+	+
Beans: Stick	+	+	+	+	+	+	+	+	+	+	+	+
Beetroot: Bunched	+	+	+	+	+	+	+	+	+	+	+	+
Beetroot: Candy, Golden & Cooked	+	+	+	+	+	+	+	+	+	+	+	+
Broccoli: Calabrese	+	+	+	+	+	+	+	+	+	+	+	+
Broccoli: Purple Sprouting	+	+	+	+	+	+	+	+	+	+	+	+
Broccoli: Tenderstem	+	+	+	+	+	+	+	+	+	+	+	+
Brussel Sprouts: All Formats	+	+	+	+	+	+	+	+	+	+	+	+
Cabbage: Cavolo Nero	+	+	+	+	+	+	+	+	+	+	+	+
Cabbage: January King	+	+	+	+	+	+	+	+	+	+	+	+
Cabbage: Red	+	+	+	+	+	+	+	+	+	+	+	+
Cabbage: Savoy	+	+	+	+	+	+	+	+	+	+	+	+
Cabbage: Spring	+	+	+	+	+	+	+	+	+	+	+	+
Cabbage: White	+	+	+	+	+	+	+	+	+	+	+	+
Carrots: Bunched	+	+	+	+	+	+	+	+	+	+	+	+
Carrots: Chantenay	+	+	+	+	+	+	+	+	+	+	+	+
Carrots: Standard	+	+	+	+	+	+	+	+	+	+	+	+
Cauliflower	+	+	+	+	+	+	+	+	+	+	+	+
Cauliflower: Purple (Cape Broc)	+	+	+	+	+	+	+	+	+	+	+	+
Cauliflower: Romanesque	+	+	+	+	+	+	+	+	+	+	+	+
Celeriac	+	+	+	+	+	+	+	+	+	+	+	+
Chards: Various	+	+	+	+	+	+	+	+	+	+	+	+
Courgettes	+	+	+	+	+	+	+	+	+	+	+	+
Fennel	+	+	+	+	+	+	+	+	+	+	+	+
Garlic	+	+	+	+	+	+	+	+	+	+	+	+
Ginger	+	+	+	+	+	+	+	+	+	+	+	+
Kale: Various	+	+	+	+	+	+	+	+	+	+	+	+
Leeks	+	+	+	+	+	+	+	+	+	+	+	+
Marrows	+	+	+	+	+	+	+	+	+	+	+	+
Mushrooms: Exotic	+	+	+	+	+	+	+	+	+	+	+	+
Mushrooms: Standard	+	+	+	+	+	+	+	+	+	+	+	+
Onions: Shallots	+	+	+	+	+	+	+	+	+	+	+	+
Onions: Standard	+	+	+	+	+	+	+	+	+	+	+	+
Parsnips: Various	+	+	+	+	+	+	+	+	+	+	+	+
Peas: Garden	+	+	+	+	+	+	+	+	+	+	+	+
Peas: Mangetout	+	+	+	+	+	+	+	+	+	+	+	+
Peas: Sugar Snap	+	+	+	+	+	+	+	+	+	+	+	+
Potatoes: Salad	+	+	+	+	+	+	+	+	+	+	+	+
Potatoes: Main	+	+	+	+	+	+	+	+	+	+	+	+
Pumpkins	+	+	+	+	+	+	+	+	+	+	+	+
Squash: Various	+	+	+	+	+	+	+	+	+	+	+	+
Swede	+	+	+	+	+	+	+	+	+	+	+	+
Sweetcorn	+	+	+	+	+	+	+	+	+	+	+	+
Sweet Potatoes	+	+	+	+	+	+	+	+	+	+	+	+

